

BAR HILL NEWS

February 2013 Issue 533

The Bar Hill News is also available on audio tape
If you, or someone you know, would benefit from this free service, please contact Julie at
Camsight 01223 420033



YOUR SAY IN SHAPING BAR HILL'S FUTURE

This survey forms an important part of Bar Hill's Parish Plan and gives you the opportunity to voice your opinions on the current state as well as the future development of Bar Hill.

It can be filled in electronically at the following link: <http://bit.ly/BarHillParishPlan>. Alternatively paper copies are available from the Parish Council office, the Health Centre or the Post Office.

If you would like a paper copy delivered, help with filling the survey in or would like further information, contact Bunt Waters on: 201421.



The closing date for filling in this survey is: 28th February 2013

Sunday 17 March 2013

COMMUNITY CONSERVATION DAY ON SCRUB MANAGEMENT

On Sunday 17th March SCDC Ecology Officer, Rob Mungovan, will be working with the Cambridge Conservation Volunteers to control scrub growth in the Bar Hill nature reserve and along the stream. The work will improve habitats

for the rare water vole and allow better inspection of the stream.

You can take part by meeting at the Farmhouse at 10.15 am (the group will also be working into the afternoon if you wish to join later). Please wear strong footwear or wellies, and (if you have any) bring work gloves, loppers, a rake and a bow saw. **Contact Rob Mungovan** on 01954 713402 or rob.mungovan@scambs.gov.uk for more information.



Copy date for the next issue is 15th February to Margaret Sellars at bhneditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

12/13 Committee

Chairman	Roger Hall	780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	781233	34 Acorn Avenue
Website	Simon Munford email: simon.munford@gmail.com		

Also: Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304).

Bar Hill News

Editor	Margaret Sellars C/o Parish Council Office		
Advertising Co-Ordinator	Bunty Waters	201421	77 Foxhollow
Distribution Co-ordinator	Martin Avery	781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to bunty.waters@ntlworld.com)

¼ page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion.

Sizes: Maxi 6 x 4.5 cm-9 x 6 cm. Mini 6 x 2 cm- 6 x 4 cm.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bneditor@yahoo.com, or hard copy via Parish Council Office.

The Maple Surgery

Tel 01954 780442

www.maplesurgery.co.uk

Surgery Opening times:

Mon, Tues, Wed & Fri: 8:30 am-12:30 pm and 1:30 pm-6 pm

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Phone lines open from 8:30 am- 6 pm (Mon-Fri)

Out of hours Emergencies (Urgent Care Cambridge) 0330 123 9131

Physiotherapist Tuesday 2 pm-5:15 pm

Podiatrist Mon, Wed & Fri 9 am-12 noon

Wed & Fri 1:30 pm-5 pm

Midwife Thursday 2 pm- 4 pm from 1st January

Psychological Therapies Team Thursday 9 am-12 noon

Dietician 1st Tuesday of month 9 am-12 noon

Orthoptist 2nd Tuesday of month 9 am-12:30 am

CAMTAD 4th Tuesday of month 9 am-11.30 am

Health visitors are based at Longstanton Branch Surgery, Magdalene Close, Longstanton (Tel 01954 781855)

Child Health Clinic every 3rd Tues 1 pm-3 pm (drop in) at Children's Centre next to Primary School, Bar Hill

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Answerphone

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USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Andy Pellew) 07814 871752 (focusonbarhill.blogspot.com) ● Library (renewals and enquiries) 0345 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police non emergency 101 ● Post Office 789285 (Harry) Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

GUIDE DOG PUPPY GUS SAYS GOODBYE

I have had a very exciting time these last few months. First we went to stay in a Hotel near Shrewsbury where there was a nice garden for me to play in. I think I was



very good as they had some lovely red and yellow flowers which looked fun to play with but Grandma said leave it so I went and dug a hole in the lawn instead. It was only a little hole but Grandma was cross. You can't please some people. We had some lovely outings: one day we walked over a very high aqueduct with boats

cruising over it. We walked along a path with high railing. It was a very long way down to the ground so I was glad Granddad kept a tight hold on my lead. We saw lots of funny sheep who had strange voices. They all looked the same to me so I don't know how they managed to find their own family. When I gave a little hallo bark they all ran away which was not at all friendly - I was quite hurt that they did not like me. The hotel was lovely - I enjoyed sharing a room with Grandma and granddad because at home I have to sleep in the kitchen by myself.

I have had lots of puppy classes which are quite hard work as I have gone up to the big puppy's class but my supervisor said I work very well. Often after class several of us go out for lunch. All us pups amaze people because we all lie quietly under the table and do not mess around at all. The restaurant lady said she wished some children behaved as well as we do. I know what she means because there was a little boy screaming and throwing his food around, I think his mum should have taken away his food and put him outside till he behaved. We pups were very glad when his family went out.

I had a lovely Christmas: we went to Cleethorpes to stay with Auntie Debbie and her toy poodle Bridie. Bridie is still very bossy but I have learnt to walk as far away as I can in the house so she cannot nip my nose. Outside though we have great fun running together especially when we go on the beach, Bridie is nearly 9 but she can still run very fast. We also found lots of other dogs to play with and I especially liked the big long haired German Shepherd who could run very fast. I saw some big odd looking animals on the beach - one made a strange heehaw noise and Grandma said they were called donkeys. The poor things had to carry children on their backs and were not allowed to play. I am jolly glad I am a dog. I loved running in the sea then rubbing my fur on the sand to dry it. Sea water tastes awful and so did the dead star fish I ate but you have to try things first to see if they are tasty.

On Boxing Day we went to Auntie Sarah's in Leeds. There were 4 dogs - me Bridie and 2 whippets, 4 children and 7 grownups so it was noisy and great fun. I specially loved Scarlett, Grandma's youngest grandchild, who loved me and played with me all day. She even lay on the floor with me to give me a cuddle and cried when I had to go. Everyone said I was very well behaved and Grandma and Granddad were very pleased with me but Bridie was naughty and had to stay on her lead all day.

We did not stay up to see the New Year in but I got Granddad up because there were some loud bangs and funny flashes. I did not know what they were but Granddad said they were fireworks and nothing to worry about. He closed the blinds and gave me a special treat then I went straight back to sleep again.

Sunday January 6th is the day I left Home to go for training but first I went to stay for two days with my supervisor because Grandma was going on Monday to train for a week with her own hearing dog. Then on Tuesday morning Rowena, my supervisor, and I went to fetch my friend Barley who was going into training with me and we all drove to the training school in London. I was sad to leave all the people I know in Bar Hill but I am going to try to be a very good guide dog. I hope I am like Vania, Grandma's last dog, who is working with a young man of 17. He has always been blind and his mum said it is wonderful to see him and Vania going out by themselves. He sent a Christmas card with pictures of Vania and said he loves her and she hardly ever leaves his side.

GOODBYE EVERYONE - LOVE FROM GUS

**CHECK OUT
THE RESIDENTS'
ASSOCIATION
UPDATED WEBSITE
FIND OUT ALL YOU WANT
TO KNOW ABOUT THE
VILLAGE - INCLUDING THE
ABILITY TO DOWNLOAD
THE BAR HILL NEWS.**

www.barhill.org.uk

RESIDENTS' ASSOCIATION

Interested residents are always welcome at our meetings which are usually held on the **first Tuesday of the month at 8 pm in the Parish Council Office**. The next meeting is on 5 February 2013





Neighbourhood Watch

The opportunist will most likely target a house in darkness.

Please take seriously the advice to make your home look lived in while you are out –

☺ leave a radio on during the day plus lights after dusk.

For another chance to **win** a set of easy-to-use timer switches, to bring lights on before you return home, enter the following competition.

Moving up, down or sideways, use the grid to answer the question –

Why should you use lights and radios when you are out?

T	O	K	E	E	P
T	F	A	E	H	A
H	O	D	S	R	A
E	B	U	R	G	L

Answer:

Name:

.....

Address:

.....

Tel. No:

Entries should be received at the Parish Council Office or emailed to nhwinbarhill@yahoo.co.uk by the end of 21st February.

First correct entry drawn at random receives the prize – 3 plug-in timer switches worth £15.99
Usual competition rules apply.

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Dear Editor

In the Bar Hill Business Directory, editor Alan Choate commented that our immediate problem is to get out of the financial chaos left by Labour and in doing so perpetuates this myth that Gordon Brown's Government were in some way guilty of financial mismanagement. As he probably well knows and, like many, refuses to acknowledge (as it would make nonsense of what he wrote), without the actions taken by Gordon Brown and his Government to bail out the banks, (whose greed caused the problem in the first place), there would have been an economic car crash. Doing nothing, which the Tories were in favour of, was not an option. In fact it would have been irresponsible at best and stupidity at worse.

It now comes down to how you deal with getting down the deficit. Osbourne's slash and burn economic policies have been a disaster: the target he set himself to clear the deficit by 2015 is in tatters. His answer to his failed Plan A is ..er, more Plan A: how daft is that. I do, however, like Alan, have the greatest respect for all our servicemen and women but what he failed to say was that thanks to the idiotic economic policies of this Tory Government many of them returning from Afghanistan and elsewhere will be getting their P45's. I can only assume because it's the Tories handing them out he turns a blind eye.

John Doland

Robin Close

Dear Editor

It would be fair to say that our Tory District Councillors Roger Hall and Bunty Waters in their regular reports in the BHN do their best to show themselves and the Tory controlled SCDC in the best possible light. Case in point is their report in the December issue in which they list all the savings SCDC have made. But, excuse me, no mention of the £45K spent on new chairs for the council chamber or the savings? made in cutting support for charities by an eye watering £338K which makes me wonder whatever happened to the "Big Society"?

John Doland

Robin Close



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We care passionately about helping people to plan their estates properly by providing a personal and professional service. A FREE initial consultation is available in our offices or at your home.

Without a valid Will

- your husband, wife or partner may not automatically inherit
- guardianship of children under 18 may be unclear, leaving the courts to decide their welfare
- your home may be sold without your consent and the proceeds used for care home fees

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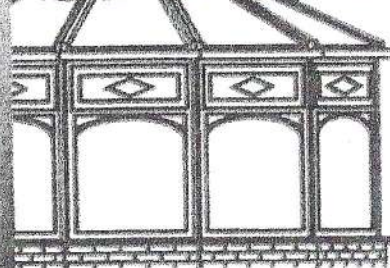
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SPECTRUM



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Community Car Scheme

Many villages in Cambridgeshire benefit from a Community Car Scheme. With the support of Cambridgeshire County Council, Volunteer Drivers who offer door-to-door lifts for people who can't drive themselves or use buses – either because there isn't a bus, or they can't climb into one. Bar Hill does not as yet have one of these but there is a growing view that Bar Hill would benefit from a Community Car Scheme. In January an 'Open Tea' was held in The Octagon for people to come and find out more about how these run. **If you would like to know more, would like to volunteer to drive for a scheme, help out by booking journeys or have any other questions please contact Jane Hurst at 01954 211919 or write to jane.h@care-network.org.uk You can also find out more by visiting www.care-network.org.uk**



Bar Hill Community Market

Saturday 2nd February

Saturday 2nd March

Saturday 6th April

10.30 am – 2 pm

In the Octagon next to Church CB23 8TE

Come and support your local community
Fruit and vegetables, Homemade cakes, Jewellery,
Cards, Confectionery, Jams, Knitted items, Patchwork,
Bags, Wooden crafts, Beauty products.
Raising funds for local projects too.

Refreshments and BBQ (weather permitting)

If you wish to be part of the market please contact us.
Karen Austen 01954 781085 or Sue Gadsby 01954
200875

Community Navigators

**You can help older people in
your community**



Local charity Care Network Cambridgeshire is **looking for local people to help older people** find their way to activities and services which they would enjoy or find useful.

There are lots of good groups, services, and support available in Cambridgeshire but not everyone knows what is out there or how to access it. **We want all older people in Cambridgeshire to have someone in their community who they can turn to for information.**

The type of information being given could be pointing people in the direction of a club or activity group, helping them access local transport like a community car scheme, or they may need information on benefits, modifications to their home, or help at home with the things they find difficult. Whatever the query we want all older people to have a 'Community Navigator' local to them who can help them find what they want.

By helping people find what they want, at the time when they need it, you can **help older people avoid isolation and loneliness and remain active and independent for longer.**

We will provide **free training** and on-going support to help you build up the skills, knowledge, and confidence to carry out the role. Plus your local co-ordinator will always be on hand to answer any questions you may have.

Being a Community Navigator only takes a few hours a month, and compliments any involvement you may already have in your community. It's an opportunity to be part of something that can make a real difference to people's lives, and it should be interesting and fun too! Whether you are already active in your community, or you would be willing to learn, we want to hear from you. Contact your local co-ordinator Rob Wallace for more information.

Call: 01954 211919 or Email: Rob.W@care-network.org.uk

Funded by

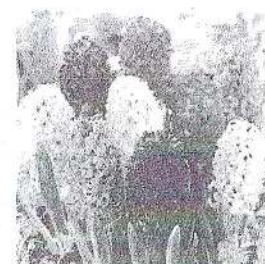


Update from the Memorial Garden

Thank you for all those who have generously contributed to the Garden recently following our bulb appeal. We now have sufficient daffodils, tulips and fresas but would welcome hyacinths.

Following recent discussions it has been agreed that small stainless steel plaques will be erected on the large planter. All those who had previously contributed will be approached.

In future Memorial Plaques will be available at a cost of £75. Enquiries to Mr Chris Stannard Project Co-Ordinator on 01954 781978.





BAR HILL COLTS FC

WOW !! what a load of snow and rain and therefore not much football played. So, this month I will be featuring many of our team's last line of defence – the goalkeepers.

Under 12's Ravens – Luke Shanahan

Luke is developing into a fine goalkeeper with his great commitment and willingness to learn. Over the past 3 years Luke has attended specialised training sessions at Cambridge Utd and in the village with our goalkeeping coach.

This has resulted with him earning praise and recognition from various observers. Last season, Luke conceded the fewest goals in their league and so far from the 7 league games played this season, the Ravens have only let in 7 goals with the best defence record. Luke is a pivotal member of the team with a great attitude and ever improving ability.

Under 10's Foxes – Miles Harvey

Miles is a real presence in the team and will talk to his defenders – a great asset for any goalkeeper, let alone a 10-year-old. He will always try his best, listen to what is said and, more importantly, put this into practice. Miles has been injured recently and fortunately for the Foxes, Callum Ukpeder has stepped in as an able replacement. He is a great shot-stopper, a real character and an asset to the team.



Under 9's Eagles – Matthew Stewart.

Last year, Matthew was invited to train with the goalkeepers in Bar Hill in the evening. Although initially intimidated by the older boys (Matthew was the youngest one there) he very much held his own.

Matthew, an excellent Martial Artist, is dynamic and full of positive energy. He loves to work out all the time and is constantly on the go. Matthew really enjoys the football and being part of the team and wants to have a go at all



positions. However, he mostly loves the importance of his role in goal and relishes every match as it comes.

Under 15's – James Darling

James has the credentials for a goalkeeper of being tall and has really impressed over the recent weeks. James also has specialised coaching and this seems to be paying off with his kicking improving all the time.

The Under 15's have started the New Year in great fashion winning 5 – 1 away at Plantation on 6 January with goals from Jack Humphreys (2), Charlie Cousins, Taylor Sparkes and Jake Flack

This was followed the next week with an even more impressive 3 – 1 home win against highflying Buckden. The team forced a series of corners at the start of the game and eventually Daniel Marsh flicked the ball on for Jacob Compton to open the scoring. This lead was extended later in the half with a long-range shot from Taylor Sparkes after Jack Humphreys had forced the goalkeeper into a poor clearance. A goal from Charlie Cousins ensured victory despite Buckden scoring a consolation goal towards the end of the game.

Cambridge City under 10's 1 – 3 Bar Hill Vixens on Saturday 12 January

The Vixens played their first match of 2013 away against Cambridge City and recorded a fine victory. The captain was Freya Goddard who led the team in their new kit sponsored by Skatz Hair Design.

Isabel Bryant scored a fantastic hat trick and was the Player of the Match. Charley Satchell had a 'goal' ruled out despite the ball seemingly to be over the line.

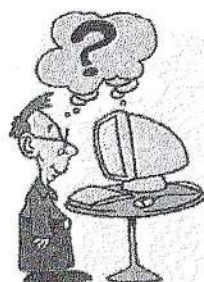
Olivia Merry played in goal in the first half then Georgia Wilson took over the gloves in the second half – both performed really well and saved many shots between them.

A brilliant game played by all. Well-done Vixens!

WEBPAGE

To follow any of our teams, do check the website for updates, pictures and fixtures
www.barhillcolts.co.uk

VICKY x



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FRIENDS OF BAR HILL LIBRARY

The Library today

Did you go into your local Library last year? If not, make sure you visit it this year. If you last used a library some years ago, you will find a very different service now from what you remember.

Modern libraries are information centres with much to offer. There are events for children and adults, story tapes for those who prefer listening to reading, occasional talks and social events, jigsaws and swap, and of course lots of books to borrow. You can order books from other libraries, consult the wide range of reference material or use the computers – with free access to such resources as the Dictionary of National Biography, Encyclopaedia Britannica and Ancestry.com.

Coffee mornings The Friends' coffee mornings give you an opportunity to meet library supporters and find out about our activities. Dates for the next couple of months are Thursday 7 February and Thursday 7 March. They start at 10 am and finish at noon.



Social gatherings In January we held our annual winter social. It's for Friends only and it is an informal way to thank you for your support. The event gave us the opportunity to have fun and get to know each other better.

Talks Make a note now of the dates of our next two talks. On 18 April we shall hear about the history of the Norris Museum in St Ives; our speaker will bring items from the collection that are especially relevant to Bar Hill. The topic for 18 July is the Mayor of Cambridge's Parlour.



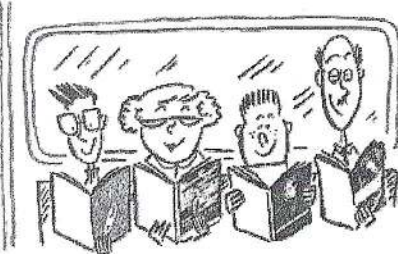
Reading circles

Our two groups continue to meet regularly and had their usual joint Christmas celebration at the end of 2012.

Instead of giving

presents, we collected money for Sightsavers, which runs eye camps in third-world countries to treat conditions that lead to blindness (the total is not known at time of writing).

Subscriptions Please remember to show your support of your local Library by renewing your subscription, or by joining the Friends. Individual membership costs £6, and there is a bargain rate for families that covers all family members living at one address.



Bar Hill Sports and Social Club



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in HD, play pool, darts, skittles and cribbage or enjoy a drink in our quiet lounge bar. We also have an Xbox available for gaming.



What's on in February?

Membership Draw	2nd
Lady Stardust, Disco & Karaoke	16th
Membership Draw	16th

Looking Ahead...

Visit our website, www.bhssc.org.uk, join us on Facebook, at Barhillsports.Socialclub

BHSSC Saturday Football Teams Home Fixtures , (Kick-off 1400)

02/02/2013	BHSSC Home to Milton Reserves
09/02/2013	BHSSC Home to Eaton Socon Reserves (Creak Charity Shield, K/O 13:45)
16/02/2013	BHSSC Reserves Home to Cherry Hinton Reserves
23/02/2013	BHSSC Reserves Home to Glemsford & Cavendish United Reserves
02/03/2013	BHSSC Reserves Home to Duxford United Reserves

Not a Member?

New members are always welcome: join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 years olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin

01954 781881 (BHSSC)



Under 1's

From 11th September and every Tuesday onwards it will now be:
Mucky Pups from 1.30 pm to 3 pm

Meeting in the Octagon for bumps through to just walking. There will be the opportunity to meet with others, play, crafts and coffee and chat! For enquires contact Jo Thompson on 07988 264745 or email joferris23@yahoo.co.uk.



Hello
Firstly, I would like to say Happy New Year to you all.

Whilst on a routine patrol, police came across a male who had been smoking cannabis to the rear of Tesco's Petrol Station on the 29th December around 23:10. Also on the 29th December between 01:00 and 04:30 a burglary occurred at a business premises in Bar Hill. Unknown offender(s) entered the premises via a unlocked door and stole several food items from the fridge.

On the 22nd December at 09:40 an assault took place in Tesco's Car Park. The offender drove over the victim's foot during a dispute over a parking space. The offence was resolved by restorative justice. The offender was given strong words of advice and also gave a £20 donation to a charity chosen by the victim.

On the 21st December at 15:30 a male filled up a vehicle with diesel and drove off without making payment.

There have been reports of suspicious vans driving round Bar Hill in the last few weeks. Please keep a look out for these vans and if you can, take their registration number and email it to me.

I am pleased to tell you that the person who was stopping motorists, asking them for directions and fuel money, offering gold watches or rings in return, has now been arrested and dealt with accordingly.

On 12th January approximately 21:30 hours, I was on patrol in Bar Hill, where I came across approximately 100 cars gathering in Viking Way and Tesco car park. These cars were seen racing up and down in Viking Way, Saxon Way and Tesco Car Park. I and a colleague recorded numerous index numbers and moved them out of Bar Hill. Some of these drivers were fined for wearing no sit belt and other driving offences.

Starting from Christmas last year until now we have had a number of Primary Schools broken into. Primary Schools have been targeted in the whole County. This has now become a priority to us, and we are patrolling schools in daily bases. Please can I ask you to keep a look out for any suspicious vehicles round the schools, and e-mail me any details of any vehicles or people you may see acting suspicious.

If you have any information relating to the above crimes then please feel free to contact me on 101 or email me on: bujar.mani@cambs.pnn.police.uk or you can contact Crime Stoppers anonymously on 0800 555 111.
Kind Regards

PCSO 7009 Bujar MANI
Histon Neighbourhood Policing Team



REPORT BY SOUTH CAMBS DISTRICT COUNCILLORS

Housing Service Tenants' Newsletter

The first ever Tenants' Newsletter has been dispatched to every tenant and leaseholder. This will drop on our tenants mats for under 60 pence per copy - we aim to roll out twice a year initially

Local Council Tax Support

Council Tax benefit is being replaced with Localised Council Tax support. This will result in changes to the amount of benefit someone receives as they will no longer receive a 'Council Tax Benefit', they will get a discount off their council tax instead.

Corporate and Customer Services:

Contact Centre Service

On December 3rd the new in-house contact service centre Service went live. Not only will this lead to improved customer service levels but also save £250,000 of tax payers' money per year. The Contact Centre Service area is located behind the reception downstairs. Rachael Fox will be the Manager for the Contact Centre and is working hard with the team including Paul Knight, Steve Rayment, department service heads and many others to ensure the project delivers better improved levels of customer service to our residents.

Your councillors are:

Bunty Waters cllr.waters@scambs.gov.uk 01954 201421

Roger Hall cllr.hall@scambs.gov.uk 01954 780304

Please contact us with any concerns or queries



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Thurs 6.15-7.15pm, Oakington Pav

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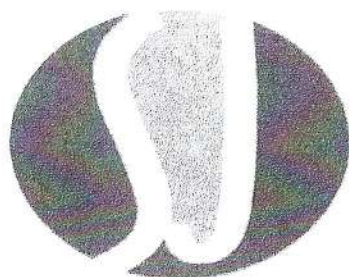
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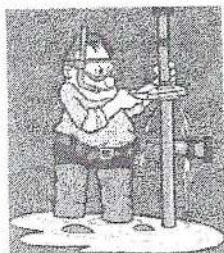
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Happy New Year from **The Friends of the Rosie Hospital**, who with your help, are making the Rosie a more comfortable environment for mothers and babies. We still have some raffle tickets at £1 each for an exquisite hand-embroidered double bed quilt worth £2,000 to be drawn on 4th

March. You can buy tickets online through our website as well as from our Tea Bar, on the wards and our many stalls (see below). Our AGM will be held this year in Seminar Room 2A from 12.15 pm on Monday 15th April.

If you have any spare polyester toy stuffing, ribbons or yarn we are in urgent need of your donation. Follow us on the Rosie in Stitches facebook page.

Stall dates for the New Year

Community Market
Church Centre, Bar Hill
Saturday 2nd February
10.30 am until 2 pm
Selling raffle tickets and toys

Addenbrooke's Outpatients
in February or March

With our large display of toys including Easter themed gifts and clothes for babies and children We have items for sale in our eBay Charity Store Rosieinstitches2010, also boltlocks, hart4334 and 1234_orridge are also selling items on eBay to benefit the Rosie.

There are links to affiliate stores on our website where we will get a donation.

To support Friends of the Rosie Hospital, Cambridge, England, visit

<http://www.easyfundraising.org.uk/causes/forh> and follow the instructions. You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk>

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website. Thank you for all your support

Yours sincerely
Avril Williams

Do you have a friend or relative that is looking for voluntary work at the moment - please ask them to have a look at our volunteering page at www.rosieinstitches.org.uk



The Coffee Stop

This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat. Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We would love to see you on a Wednesday morning.

NWR



Ladies - Give yourselves a break. Enjoy discussions and make new friends!

NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to speakers and enjoy social events. We invite you to join us, come along to one of our meetings, you would be very welcome.

14th February - FAMOUS GEMS Research the history of famous/interesting jewellery Venue Marie-The's
28th February - MUSIC QUIZ and TRACKS OF MY YEARS - Play your favourites and revive your memories Venue Jackie's

14th March - WHAT A PAIR - Ordinary people extraordinary situations Venue Di's

The Bar Hill NWR group meets informally on alternate Thursday evenings and we pay just £1.00 per meeting to cover costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Jackie Ellis on 780523 or Marie-The Last on 780329. NWR can also be found on www.nwr.org.uk. Why not have a look!

BECOME A FOSTER CARER

Cambridgeshire County Council has launched a campaign to urge those planning a change of career in 2013 to consider becoming a foster carer.

Fostering is a big commitment which involves offering a child space in your home, and in your life. Potential foster carers need to have the time, skills and experience to meet the needs of vulnerable children and young people.

Cambridgeshire County Council recognises this commitment and offers carers a comprehensive support package. Maintenance allowances are paid based on the age of the children and young people placed with our carers, and carers who develop their skills and knowledge by continued professional development receive additional Skills Levels Payments. Carers can also work towards professional qualifications.

Many foster carers earn up to £18,500 per year for each child in their care.



BAR HILL CHILDMINDERS

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained. Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all, (details below)

Childminders with Current Vacancies

Terri 07846 018 714

Carol 780238

Kirsty 07584 168909

Melanie 204496

Janine 07879 613731

Karen 07930 196319

Jacky 780249

Kirsten G 200228

Kirsten C 202228

'Little Bunnies'

Toddler Group

for Babies and Pre-school Children and their Parents/
Carers

We meet every Thursday 9.45 - 11.15 in the Octagon (term time only) £2.50 per family/carers - (or £1 per adult with only one child under one year old)- includes soft drinks and healthy snacks for the children hot drinks for the adults We have a large range of indoor and outdoor toys.

BINGO !!!!!

VILLAGE HALL

SUNDAY NIGHT

DOORS OPEN 7.15

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GUIDED BUSWAY TO GET EXTRA SECURITY

The Guided Busway Operations team have made a successful bid for funding to provide extra security. The awarded to the County Council to provide extra security for those passengers wishing to use the Busway and park their bikes safely at the cycle racks provided along the route.

Extra CCTV cameras will be installed covering the cycle racks at Histon, Oakington, Longstanton and Swavesey. This type of security will greatly assist the police in dealing with any future incidents of theft in these areas and will hopefully encourage more cycle users to use the busway and its cycle facilities.

County Councillor *John Reynolds*

REPORT BY COUNTY COUNCILLOR JOHN REYNOLDS

I am sat reflecting on what challenges lie ahead this year? The more I think about this the longer the list gets. It is certainly not an easy time to be a County Councillor knowing that every decision directly affects the people of Cambridgeshire especially as most decisions seem to involve spending less money. Boiling all the issues down it seems that we have four key variables. How many services we provide, how many people we provide them to, the cost of the services and how much money we have to spend. Altering any of those variables brings a host of issues both to the individuals and politically. Let me share some challenges, in no particular order, and certainly not a full list:

Finance. We continue to face reducing central government cash allocations coupled with unprecedented increases in demand for our services. Our county had a 12.4% increase in population over the last census period, the fastest growth in the country. So, we have two problems. Firstly, just like all local authorities we must absorb the central government cash reductions in providing the current level of services. But, where we are different, we must also work out how we are to support the huge additional demand placed on us because of growth.

Council tax is set locally, to meet local demands. We are a low tax county council but are facing a huge and increasing demand on our services. Without the correct level of funding we will have no choice but to direct our money to statutory services only and abandon supporting economic growth. This seems to be wrong at a time when the country needs growth.

Social care. This is a subject that keeps me awake at night. We have a growing number of children being born and a growing elderly population. I have already pointed out we have less money. I am determined we will protect the elderly, the young and the infirm but the question is how. I will seek to stand up for those that need us most because they need a strong voice to be heard. But this is not pretty. We may need to raise additional cash to ensure we can continue to act as the organisation of last resort.

John Reynolds - j.e.reynolds@ntlworld.com,
Mobile 07801 560990

WI-FI IN PUBLIC LIBRARIES



In the New Year residents will start to benefit from free Wi-Fi in Cambridgeshire Libraries and updated public computers, to help them seek jobs, access services and stay in touch. A free Wi-Fi network will be installed in phases across Cambridgeshire Libraries, whilst public computers will be upgraded to enable a better service that supports modern software.

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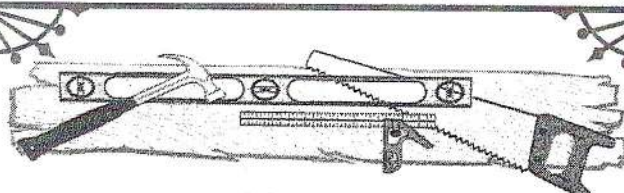
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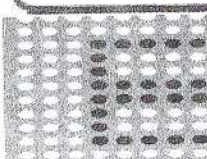
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Saturday 27th April 2013, 7.30pm

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Join the Over Day Centre ABBA tribute evening at Over Community Centre:
Live music, optional fancy dress, raffle for a Barrel of Booze (The Winner Takes It All) and a bar serving until 11.30pm for Super Troupers and Dancing Queens.

Oh... and let your Mother know.

Gimme! Gimme! Gimme!
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Or contact the hotel reception for more information

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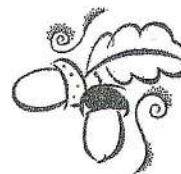


The Allotment Society

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Plot allocator is Steve Thomas so if you would like to go on the waiting list for a plot please contact Steve on 781602

All other allotment matters should be addressed to bhallotment@hotmail.com

Little Acorns Pre-School



Little Acorns is a privately owned pre-school We provide a wide range of activities to promote children's early learning and development. We are currently open Monday to Friday during term time from 9am – 3 pm.

Children may come for a minimum of 2 ½ hours during this period up to the maximum of 6 hours per day, which would include staying for lunch.

Children are able to start pre-school as soon as they are 2 years old.

Nursery Education Funding (15 hours free per week) is available in the term after the child's 3rd birthday.

We are now registered to offer places to children on the 'free twos' scheme. If you are on income support you may be eligible for 10 hours per week of free care for your 2 year old. Please ask us for more information about referral or visit the children's centre who will also be able to advise you about this.

All our staff hold early years' qualifications and are trained in first aid and child protection.

For more information or to register your child please see our new website at www.littleacornspreschoolbarhill.co.uk or e-mail us at littleacorns.barhill@ntlworld.com

Or during session time please phone us on 07851803083 (and ask for Sally or Gail)

We are situated just off the green next door to the primary school; please feel free to pop in for a visit. Alternatively we hold termly open mornings for all our new starters when you and your child may visit together.

Our rooms are currently available to hire for children's parties and other events at very competitive rates (you don't have to attend pre-school to use this service) - again please ring or e-mail for more information.

We look forward to meeting you and your child soon.

Little Acorns Pre-School The Sparc Building

Gladeside Bar Hill
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Tel: 07851803083

Email – littleacorns.barhill@ntlworld.com

Maiko Mori and Guests in Concert
West Road Concert Hall, Cambridge
on Sunday, 3 March at 7:30 pm



Many will remember the extremely well-received concert given at Bar Hill Church on 30 June, 2012, when international concert pianist Maiko Mori was joined by an all-ladies singing group in a programme of light classics, musical theatre and

jazz to much acclaim by the audience.

A concert similar in style will be held at Cambridge's West Road Concert Hall on Sunday, 3 March at 7:30 pm. On this occasion, Maiko Mori will be joined by vocalists who will sing solos and duets. As before, a wide variety of music offers something for everyone. The programme includes songs from musicals and light opera and piano music from well-known classics to modern jazz.

The West Road Concert Hall is a splendid venue for this event. The acoustics are outstanding and the steeply raked, comfortable seating guarantees an excellent view of the stage from almost every part of the auditorium.

Tickets are £15 for adults and £10 for concessions; a small number of seats with a restricted view in the side balconies are available at £10 for adults and £5 for concessions. (Concessions include: children and anyone in full time education; over 60's; registered disabled; and unwaged.) Wheelchair spaces are available.

Further details of the concert are available at www.westroad.org/whats-on or www.adcticketing.com. Tickets may be bought from the ADC Theatre Box Office, Park Street, Cambridge CB5 8AS or by telephoning the Office on 01223 300 085. They can also be bought on-line from www.adcticketing.com

Bar Hill residents who do not wish to make their own arrangements may purchase tickets through Sue Kenchington (tel. 01954 780260).

Colin Byrne



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Thank You from the doctors and staff at both surgeries to all who gave us Christmas cards and gifts. We especially appreciated your kind words which have really touched us. The biccies and chocolates are also a great boost!

Our Christmas Lucky Squares raised a grand total of **£370 for MAGPAS.**

Free hearing tests and digital hearing aids from the NHS. If you are over 50 and are concerned about your hearing make an appointment with your GP who can refer you to Cambridgeshire Adult Hearing Service. **The local Hearing Centre clinics are held monthly at Willingham Surgery** where you will be seen by a hearing aid audiologist who will assess your hearing loss and advise whether you would benefit from one of the new digital hearing aids which are available free on the NHS. **The local CAMTAD clinic which provides servicing and free batteries for your hearing aids visits Willingham Surgery every three months.** The next visit will be on Wed 17th April.

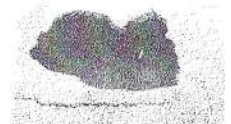
Want to Quit Smoking for Good in 2013? Ask for a **free NHS Quit Kit** from our pharmacy team while stocks last or visit the website www.nhs.uk/smokefree

ROAD MAINTENANCE

Cambridgeshire has welcomed a government cash boost for highway maintenance which will see further improvements to the road network across the county. The Transport Secretary has announced a cash injection for highway maintenance across the country and Cambridgeshire is set to receive nearly £2 million in 2013 with a further £1m in 2014. The government cash follows an earlier County Council decision to create a £90m repair pot which has already been set aside for highway improvements in Cambridgeshire over the next five years.

Some of Cambridgeshire's roads - such as those on fenland soil and running alongside waterways - have particular problems which are difficult and complex and therefore very expensive to rectify, but the maintenance fund is also used for improvements such as road resurfacing, repair of bridges and repairing damage to the highways caused by severe weather and flooding.

Visit www.cambridgeshire.gov.uk
<http://www.cambridgeshire.gov.uk/>



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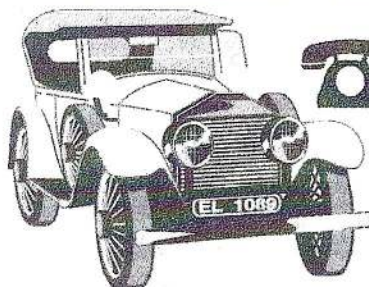


If you would like us to help you work out the cause of your pain then please call or email.

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Dragan Tomovic
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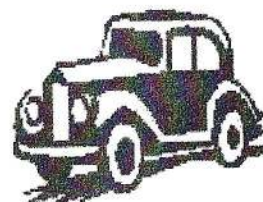


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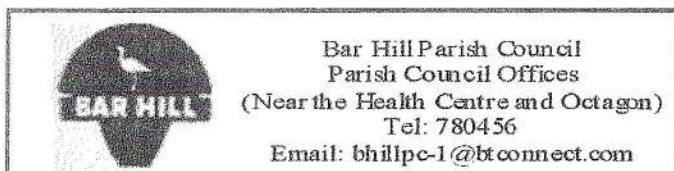
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Parish Council Web Site – www.barhillpc.org.uk.

This will keep you up to date on current affairs in the village including meeting minutes and agenda.

New Parish Councillors

I am pleased to announce that we have now filled all three positions of co-opted Parish Councillors. At the November meeting we welcomed Anna Saunders, Janine Swanser and Anthony Mitchell. It's good to have new blood and I am sure that they will make a huge difference to the Parish Council.

Community First response team

At our November meeting we were joined by two volunteers from the First response Team, David Bridgmen and David Milton. They explained that they would like to set up a First Response Team in Bar Hill and volunteers are urgently needed. This scheme has been working for many years in Over, Longstanton and Swavesey and it is felt that we need our own scheme and ideally three people are needed for a village of this size, with full training given. If you are interested in more information or to become a volunteer, please let me know at the Parish Council office and I will pass your details to them.

Parish Council Meetings

The next Parish Council meeting will be held on Thursday 21 February at 7 pm in the Parish Council Office and all members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

Grass Cutting Contract

From 2013/2015 Bar Hill Parish Council have a new grass cutting contractor and it will be K Fergusons.

HANDY TELEPHONE NUMBERS

Streetlights: NEW 0800 7838247 (on sticker on light)

South Cambridgeshire District Council: (03450 450500)

County Council (damaged paths and roads): (01223) 717111

Tesco—Stray trolleys 0800 50 55 55 TEXT store2065 EMAIL 9054@tescocomments.com In each case give village and location of trolley.

Leigh Baffa

Parish Clerk

Tel: 01954 780456

Email: bhillpc-1@btconnect.com

VILLAGE HALL

To book or contact us at the village hall, please telephone 01954 782414 and leave a message (speak slowly and clearly please) and we will call you back within 24 hours Monday-Friday, OR e-mail us on barhill.villagehall@btconnect.com. We look forward to hearing from you.

During the week we have all the following groups and clubs.

Mon	Helene Jones Dance	3.30-8.15 pm
<u>Helene's class is run in school term times only</u>		
Tues	Zumba	10 - 11 am
Tues	Shotokan Karate	5.45-8.00 pm
Tues	Danielle (Boot Camp)	8-9.00 pm
Wed	Helen Jones (Dance)	4-6.45 pm
Wed	Zumba	7-8 pm
Wed	Pilates	8-9 pm
Thurs	Zumba	9.30 - 10.30 am
Thurs	Pilates	10.30-11.30 am
Thurs	Weightwatchers	7 - 7.50 pm
Fri	Martial Arts	6.30-8.30 pm
Sat	Sweat and Tone	8 - 9 am
Sat	Zumba	9 - 10 am
Sun	Bingo (doors open 7.15)	7.45-9.30 pm

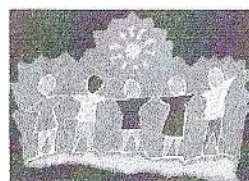
Cash prices - No Bingo on Bank Holiday Sundays
(Please contact the office for details)

BIN COLLECTION DATES

6 February	Black bin
13 February	Green and blue bins
20 February	Black bin
27 February	Green and blue bins
6 March	Black bin

Bar Hill Parent and Toddler Group
Wednesday and Friday 9:45 to 11:15 am

Octagon Centre, next to Bar Hill Church



For families and carers with children aged 0-4 years.

There is a variety of toys and activities for toddlers and pre-schoolers.

A baby area with mats and age appropriate toys.
Drinks and snacks are provided.

Prices:

Under 1's – £1 (or FREE when paying for a sibling over 1)

Over 1's - £2

Maximum charge per family / childminder - £3

Visit our facebook page for details of upcoming events.

Or email: bhparentandtoddler@gmail.com



BAR HILL HEALTH CENTRE

Maple Surgery News

www.maplesurgery.co.uk

Telephone 01954 780442

Staff News

Sadly, we say farewell to our Deputy Practice Manager Jenny, who is taking up a new post in Cambourne. We wish Jenny well in her new role and would like to thank her for all her hard work and dedication over the last few years. Trish our Managing Partner will be available on a regular basis to deal with any patient queries.

Pneumococcal Vaccinations

This vaccination is available to all over 65's to help protect them against pneumococcal infection which can cause diseases such as pneumonia, septicaemia and meningitis. If you have not already had your pneumo jab then please book an appointment with a practice nurse.

Text reminders

Our clinical system allows us (with your consent) to send you a text reminder one working day before your appointment. By agreeing to this it will help us reduce the number of wasted appointments. Therefore **please let us know your up-to-date mobile number so we can maximise this service.** Also may we ask that you provide us with a day time contact number in case we need to call you.

Prescriptions

Please do remember to allow **2 clear working days** for your repeat prescription requests to be processed.

For your own safety we are **unable to accept repeat prescription requests over the telephone.** You can request via our dedicated email maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box which is located on the wall in the front entry foyer at the surgery. When the surgery is closed please post your repeat request through the gap in the front door.

What is a cold and what causes it?

A cold is an infection of the nose and upper airways caused by a virus. An adult can expect 2-4 colds a year, and a young child 3-8 colds a year. Usually, symptoms peak after 2-3 days and then ease off after a few days. A cough sometimes lingers for up to 3 weeks. There is no magic cure! Treatment aims to ease symptoms. The main treatment is to take Paracetamol or Ibuprofen which can ease fever, aches and pains.

Patient Participation Group

The PPG are always looking for new members. Take a look at their website www.maple-ppg.org or The PPG folder in the surgery.

Surgery Contract

No further news at present on the contract renewal but as soon as we know something we will let you know.

Regards from The Maple Surgery Team



Out of School Club

SPARC

Building, Gladeside

Telephone during club hours 07883 739368

We also have a website where you can get more information, as well as lots of photographs to show you what we do at our Club, www.barhilloutofschoolclub.com.

We are situated in our purpose built building next to the School, with direct access from the playground. We **provide childcare both during term time, after school and all School Holidays, for children aged 3-14** in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff. Our Pre-School children are also collected by our staff from their Pre-Schools.

Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share. We are registered with OSTED; this enables parents/guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

Our opening hours are:

Term Time 3.10 pm – 6 pm Monday to Friday

School Holidays 8.15 – 6 pm Monday to Friday

Craft sessions 10 am - Midday Monday - Friday £5

During the school holidays we also offer **full and part time childcare as well as occasional childcare.** We also run special craft and come-to-play sessions during the school holidays 10 am—12 noon which have proved very popular, both with children and their parents/carers. It's a chance to get your shopping done or maybe do something for yourself!

Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

Patsie Ostler

barhilloutofschoolclub@hotmail.com

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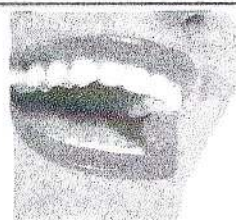
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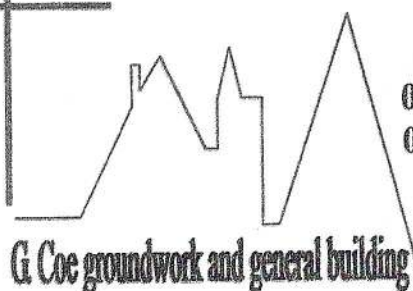
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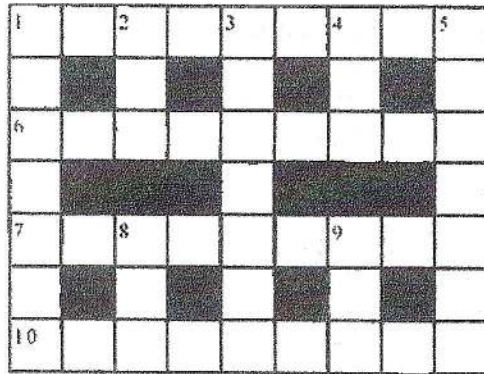
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Solution for December 2012

Across: 1.gymnastic 6.Bethlehem 7.Isvestiya
10.longships.

Down: 1.Gabriel 2.mat 3.atlascs 4.tsh
5.compass 8.van 9.ici.



Clues for February

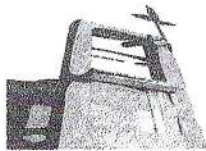
Across: 1.back of the brain 6.disparately 7.strong
light metal 10.of the forces of nature.

Down: 1.bravery 2.a grain 3.ore of 7 across
4.girl's name(abrv) 5.of the great deep 8.employ
9.archaic abrv of "is not"

Bar Hill Ecumenical Church - Services for February 2013

Everyone is welcome at our services. The
Church Minister is Charles Mather, please
contact him on

minister@barhillchurch.org.uk or by phone 01954 277119.



Sun 3 rd	10 am	Holy Communion with Café Church for young people
	6.30 pm	Evening worship with the Church Youth
Sun 10 th	8 am	Holy Communion
	10 am	Quaker Meeting
	6.30 pm	Evening Worship
Wed 13 th	7.30 pm	Ash Wednesday Service
Sun 17 th	10 am	Holy Communion with Café Church for young people
	6.30 pm	Evening worship
Sun 24 th	10 am	Morning Worship
	6.30 pm	Holy Communion
Wed 27 th	10 am	Monthly Communion
Fri 1 st March	7 pm	Women's World Day of Prayer service.

Both ladies and gentlemen are welcome.

There is a Roman Catholic mass every Saturday at 6 pm
Contacts: Church Centre Manager Tel 206120 (office hours
Monday, Wednesday and Friday 9.30 10.30)

Website barhillchurch.org.uk

The Catholic Church of Our Lady and the English Martyrs Hills Road, Cambridge (The Catholic Church serving Bar Hill)

Parish Priest: Mgr Peter Leeming Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 201421

Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm
Tuesday 8 am and 7.30 pm
Saturday 6 pm First Mass of Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

Holydays of Obligation 8 am, 10 am, 7.30 pm

Sacrament of Reconciliation

Tuesday 6.45 pm (not after Mass)
Saturday 10.30 – 11.15 am, 4.30 – 5.15 pm, 7 – 7.45 pm

Details of other services are published in the weekly newsletter which is
available at the 6 pm Mass each Saturday – copies are available in the
Church Centre.

Football Project



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hire in the evenings. The
pitch is suitable for
football and many other
sporting activities such as
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bowls, volleyball and multi sports - it's
a great venue for birthday parties. If
you wish to find out more about hiring
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Secretary, Julie Marin on 781838.

The officers of the Management
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Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children. We have two settings within the community so we can offer your child a choice of spaces to explore in a secure and enclosed environment.

We offer fully flexible care between 9 am - 3 pm, for children aged 2 - 5 yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Free 2's'.

Village Hall Setting (Village Hall, The Spinney)

The newly extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

Church Centre Setting (Hanover Close)

This setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Moving On Sessions

We have sessions for children in their final year at the pre-school which are more structured; we work closely with the local primary school to aid your child's transition to the school learning environment.

Parent/Carer Partnership

To fulfil our commitment to meeting all our children's individual needs we use communication diaries as part of our outstanding parent/carers partnerships.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our session allocation coordinator, Sarah, along with our setting managers, Sonya and Nikki, are always on hand to support you through the registration process

Playtots Sessions

Village Hall Setting on Tuesdays 9.15 - 11.15 am. All parents/carers with children from 0 - 5 years old are welcome at this stay and play session. Your child can choose from outdoor toys to messy craft materials and soft toys especially for babies.

Drinks and healthy snacks are provided.



The Black Horse Dry Drayton

Denise & Gary Glover would like to invite you to The Black Horse in Dry Drayton. We have recently had to close for several weeks for refurbishment due to extensive flooding in July. However, we are now back to full strength and back in business. Every Saturday lunch time kids (under 12) eat free when accompanied by 2 full paying adults. We are now open all day on Saturday and Tuesday lunch and evening.

Regards *Denise & Gary Glover*

The Black Horse

To view all of our menus go to <http://www.barrestaurantcambridge.co.uk/>

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Phone your order to our Shopping Service and we will make all the arrangements, and arrange delivery to your home. There is no commitment to shop every week.

Age UK Cambridgeshire makes no charge for this service but supermarket charges for delivery may vary.

Enquires and orders can be taken from Monday-Friday between 9-12.30 on 01354 696650

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